

The Work of Byron Katie 'Freedom in a Changing World'

Facilitated by Rosie Stave



Fri. 21st, Sat. 22nd & Sun. 23rd May 2010

Question your thinking and change your life.

"The world isn't safe, it's all too much, I need more money, people should be kinder." Thoughts like these may constantly run through our minds, fostering fear, anger, struggle, stress, and depression. How different would your life be if these thoughts didn't bother you again? No longer do we need to argue with life or ourselves... we can find true freedom and serenity no matter what is happening around us.

- ♥ **Inquire** into all aspects of issues on relationship – work, family, the world and yourself.
- ♥ **Experience** practical exercises that challenge habitual & destructive thought patterns to find freedom and peace.
- ♥ **Discover & transform** unhelpful beliefs with 'The Work' a simple yet profound method of finding happiness
- ♥ **Discover** the simplicity of dissolving your struggle with life.
- ♥ **Experience** the **freedom** of you, without your story.

**Yoga in Daily
Life, Suite 6/80
Sixth Ave,
Maroochydore**

**Fri. eve. 7- 9.30,
Sat. 12.30 - 6pm,
Sunday 9am - 5pm**

**\$250
Early Bird \$220 pay
by 30th April**

"The worst thing that has ever happened is an uninvestigated thought." Byron Katie

**"Byron Katie's Work
is a great blessing
for our planet."
Eckhart Tolle, author
of 'A New Earth'**

About Rosie

Rosie Stave is a Certified Facilitator of The Work of Byron Katie. She has offered The Work and facilitated individuals and groups since 1996. The freedom this inquiry has created in Rosie's life, and the lives of others, fuels her continued passion for this gift and her sharing of it. Come join her in discovering your own wisdom and truth. Share in the experience of discovering your 'True Freedom.'



**For bookings / info contact: Yamuna or Philippa 07 5479 4833
yamuna@yogaindailylife.org.au**

**For more information about The Work: www.thework.com or www.theworkwithrosie.com
In preparation read 'Loving What Is' by Byron Katie. Repeat participants \$190. Friday eve.
Intro. - \$25.**

**Early Bird
* \$220**