

# The Work of Byron Katie 'Opening to True Freedom'

*Facilitated by Rosie Stave*



## Saturday 6<sup>th</sup> & 7<sup>th</sup> March 2010

**Question your thinking and change your life.**

"I need more money; I'm too fat; he/she doesn't appreciate me; the world's not safe." Thoughts like these may constantly run through our minds, fostering fear, anger, struggle, stress, loneliness and depression. How different would your life be if these thoughts never bothered you again? No longer do we need to argue with life or ourselves... we can **"Love What Is"** instead and Open to True Freedom.

- ♥ **Inquire** into issues on health, relationships, work, family, finances and the world etc.
- ♥ **Experience** practical exercises that challenge habitual & destructive thought patterns to find freedom and peace.
- ♥ **Discover & transform** unhelpful beliefs with 'The Work' a simple yet profound method of finding happiness
- ♥ **Discover** the simplicity of dissolving your struggle.
- ♥ **Experience** the **freedom** of you without your story.

TBA  
Wynnum /Manly  
Qld.

9.30 – 5.30  
BYO Lunch

\$250  
Early Bird \$220 pay  
by 12<sup>th</sup> February

Places limited  
booking essential

**"The worst thing that has ever happened is an uninvestigated thought." Byron Katie**

**"Byron Katie's Work  
is a great blessing  
for our planet."  
Eckhart Tolle, author  
of 'A New Earth'**

### About Rosie

Rosie Stave is a Certified Facilitator of The Work of Byron Katie. She has offered The Work and facilitated individuals and groups since 1996. This inquiry has created freedom in Rosie's life, freedom in the lives of others and fuels her continued passion for this gift and the sharing of it. Come join her in discovering your own wisdom and truth. Share in the experience of learning to "Love What Is" and **Open to True Freedom.**



**For bookings / info contact Rosalynde: 0403 565 154 or  
rosalynde@optusnet.com.au**

For more information about The Work: [www.thework.com](http://www.thework.com) or [www.theworkwithrosie.com](http://www.theworkwithrosie.com)  
In preparation read 'Loving What Is' by Byron Katie. Repeat participants price: \$190.

**Early Bird  
\* \$220**